



2024

CHEERLEADING INFO PACK

Everything you need to know about
Ignite Cheerleading 2024

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Introduction

Welcome to the Ignite Cheerleading 2024 Season! This year we celebrate the milestone of 10 years of Ignite!

At Ignite we strive to provide a safe, fun environment where athletes can grow their skills, as well as learn valuable lessons that last a lifetime.

We value each athlete as an individual but also an integral member of their team and the Ignite Family. Our experienced coaches support and nurture each individual to be the best they can be.

Friendship, Family, Teamwork and Trust are our core values.

We want our athletes to have fun but also strive to do their best alongside their team, to enable everyone to continually improve and grow.

Our athletes are proud to be members of Ignite and form friendships for life. Welcome to the Ignite family.

2024 TEAM CALENDAR

JANUARY 2024
CHEERLEADING HOLIDAY CLINICS TBC

MONDAY 5TH FEB 2024
CHEERLEADING TEAMS AND TUMBLE CLASSES START
FOR TERM ONE

SUNDAY JUNE 16TH COMP - UNITED CHEER
TE RAUPARAHA ARENA, WELLINGTON
ALL TEAMS

SATURDAY 6TH JULY - COMP - EUTOPIA
COMPETITIVE TEAMS VIRTUALLY (FILM 1-2 WEEKS PRIOR)

SATURDAY AUGUST 3RD - COMP - BATTLE IN THE BAY
TRUSTPOWER ARENA, TAURANGA
COMPETITIVE TEAMS

SATURDAY 2ND & SUNDAY 3RD NOVEMBER
COMP - CHEERBRANDZ SUPER NATIONALS
EVENTFINDA STADIUM AUCKLAND
COMPETITIVE TEAMS (SEMI-COMPETITIVE TEAMS
COMPETE VIRTUALLY)

PRIZEGIVING
TBC

TBC DECEMBER 2024
LAST DAY FOR THE YEAR





TEAMS AND COMMITMENTS

For the 2024 competition season, the following provides an overview of the teams we will be offering, and the commitments involved. Our competitive teams (Magma and Flare) will be training twice per week for 2 hours each training. Our semi competitive teams (Ember and Sparks) will be training once per week for 2 hours each training.

TEAMS

Team Name	Level	Coaches	Training Time
<i>Magma</i>	Junior Level 1 (8-15 years)	Alara Swarbrick	Wednesday and Friday 6-8pm
<i>Flare</i>	Youth Level 1 (6-12 years)	Samantha Lyons Te Ana Waiariki	Tuesday and Thursday 5-7pm
<i>Ember</i>	Youth Novice (6-12 years)	Miriam Connell Isobel Mahony	Wednesday 4-6pm
<i>Sparks</i>	Mini Novice (5-9 years)	Julia Rowe Sophie Figliola	Monday 4-6pm

COMPETITIONS

Competition	Date/Location	Teams attending
	Sunday 16th June Wellington	All teams
	Saturday 6th July Virtually (film 1-2 weeks prior)	Magma Flare
	Saturday 3rd August Tauranga	Magma Flare
	2nd November Auckland/Virtual	Magma, Flare (Ember and Sparks compete virtually)

TUMBLE CLASSES

At Ignite, we also offer team members discounted tumbling classes. It is not compulsory for an athlete to attend a tumble class; however, we highly recommend registering for this to complement team trainings as it provides:

- The time for athletes to focus on improving their own tumbling skills (rather than synchronisation and skill maintenance which will be the main tumbling focuses during team trainings).
- The opportunity for athletes to put in the extra work to perfect their technique.
- A much better chance to obtain all the skills required for the next level (especially as tumble progression is achieved through repetition, conditioning, and most importantly time).
- The opportunity to take on a tumbling class at a great discount.

Athletes can join any tumble class on the schedule for a discounted rate. All of the tumble class times are on the website to pick which day works best.

Please note, the discounted pricing for this additional class takes into consideration that there will be no classes when:

- Teams are competing that weekend
- There are public holidays
- There are school holidays

TRAVEL COMPETITIONS

For the 2024 competitive season, Ignite will not be arranging group travel within New Zealand, and families will need to make their own arrangements. Please see competition dates in the schedule above to allow you to book well in advance. When booking travel please take into consideration that we will not know the exact schedule (i.e. exact time of day teams compete) until 2 weeks prior so please arrange to travel **the day before** you are due to compete.

Should your team wish to arrange group travel this must be parent led. You can liaise with other parents through your teams private Facebook page.

If parents are not able to travel with their child, we are more than happy to put you in touch with other parents from your child's team who will be travelling and able to chaperone.

In addition to travel costs, competition costs will be invoiced to athletes in Term's 2 and 3. This will cover,

- **Entry to competitions**
- **Cheerleading competition music**
- **Coach travel levies**
- **Competition bow**
- **Uniform Hire**

Fundraising towards travel costs must be parent led. Each team is permitted ONE Hutt Valley Gymnastics supported fundraiser per year. We have representatives on the Hutt Valley Gymnastics fundraising committee who can provide support and guidance.

UNIFORM

TRAINING UNIFORM

Training Uniform consists of Ignite t-shirt (purchased from Ignite), tight black shorts or leggings and clean white sneakers. Athletes must attend training with hair tied back and jewelry removed. Having all athletes in their team training uniform greatly assists coaches in choreography of routines.

COMPETITION UNIFORM

Competition Uniform will be provided by Ignite (rental fees apply). Competition Bow or Scrunchie to be purchased from Ignite (further details TBC). Clean white sneakers/cheer shoes and white socks to be worn.

Competition Uniforms are only to be worn to competitions or official team events.

ADDITIONAL ITEMS

Ignite sweatshirts are available to purchase. These can be worn to training or at competitions over the performance uniform. These are also available for supporters to purchase.

PRICING

The following outlines the options we are offering for the 2024 competition season.

The option including an additional tumbling class includes a discount for being a part of our competitive teams.

COMPETITIVE TEAMS (4 HOURS PER WEEK)

Magma and Flare

\$160 per month

+ Tumbling class: Additional \$156 per term (discounted price)

SEMI-COMPETITIVE TEAMS (2 HOURS PER WEEK)

Ember and Sparks

\$100 per month

+ Tumbling class: Additional \$156 per term (discounted price)

Please Note:

You will be invoiced on the 1st of each month and payment will be expected by the 20th of each month

WHAT IS INCLUDED IN THE FEES?

The above fees cover the athlete's training costs

- Team training sessions
- Team tumbling sessions (if attending)

WHAT IS NOT INCLUDED IN THE FEES?

Competition costs

- Entry to competitions
- Travel costs, eg. flights and accommodation
- Cheerleading competition music
- Coach travel levies
- Cheerleading shoes
- Team Training t-shirt
- Competition bow
- Uniform Hire

All additional costs will be billed in Terms 2 and 3

ATTENDANCE POLICY

Cheerleading is a team sport and attendance is vital to the success of the teams at competitions. We expect athletes and families committing to a team to plan their holidays and other events with consideration to the competition and training schedules.

Competitive athletes are expected to attend all practices, with the exception of the following:

- Severe/ contagious illness
- Funerals/ bereavements
- Scheduled school events or tests that are worth grades

Team coaches must be informed at least one day in advance when athletes are planning to miss practices, for these or any other reason. You can let us know by contacting your coach via the teams private Facebook page.

It is recommended if an athlete is injured, they do attend training. Attending training, even just watching, is a great way for athletes to still be involved in training and to keep up with what is going on.

ABSENCES

Any absence within the 7 days prior to a competition or two or more unexcused absences within a term will result in the athlete being removed from portions of the routine entirety at the coaches discretion.

If we do not receive any communication before the start of training this will result in an automatic unexcused absence.

The policy does not apply to the excused absence situations listed in the attendance policy above.

Please note that this system is not intended to punish athletes, but to prioritise the safety of all team members and ensure we provide the best experience for those athletes who are present at training. We understand that, to an extent, absences are inevitable, however, with sound planning and communication the effect of absences on the team can be minimised.

We ask you to please assist us by taking this absence policy as seriously as we do in order to make the season as smooth and successful as possible.

COMMUNICATIONS

Group communication

Along with team placement, we will send a welcome email with a link to your teams private Facebook groups. All further group communication will be made via these groups.

Please note: It is the athlete's/parent's responsibility to keep up to date with these groups. We highly recommend turning on notifications for any group posts.

Individual communication

If you wish to contact Ignite directly for individual matters we recommend the following communication methods (in order of preference):

- Email admin@huttvalleygymsports.co.nz for general questions.
- HVG phone: (04) 5663244 Please note that this phone is monitored by Hutt Valley Gymnastics.

Absence communication

Please contact your coach via the teams private Facebook page for any absences.

HEALTH AND SAFETY

Given the athletic nature of cheerleading, there are inherent risks involved. It is highly recommended that athletes do not practice stunts or tumbling outside of the gym. This includes teaching cheerleading to friends, as this can be extremely dangerous and doing so is at the athlete's own risk. If athletes would like extra practice, or to teach friends cheerleading, we offer a large range of tumbling and recreational classes, where they can be taught and supervised by a qualified coach to ensure they are practising safely and with proper technique.

Athletes must take note of all health and safety policies and listen to all health and safety briefings. Athletes will be reminded of health and safety procedures at the start of every term. Athletes violating health and safety procedures, including but not limited to disobeying coaches instructions, attempting skills they are not ready for or skipping warm ups or conditioning, may be removed from their team.

Athletes must inform Ignite Cheer & Tumble of any and all medical conditions that could limit or prevent them from participation in cheerleading. This ensures we can adjust training appropriately and prevents any conditions from getting worse by continued training.

FURTHER TERMS AND CONDITIONS 2024

PAYMENTS

1. All fees are non-refundable under any circumstances.
2. For athletes registering from March onwards, tuition will be prorated to reflect the month at which they joined.
3. Registering for an Ignite Cheer & Tumble team is a contract that is subject to all terms and conditions listed in this document, and valid from the date of registration through to December 31st 2024 (or until the balance of fees are paid in full).
4. At the discretion of Ignite Cheer & Tumble, tuition payments may be suspended in the event of serious illness or injury accompanied by a medical certificate and resulting in non-participation for two weeks or more. Payments will only be suspended from the date at which a medical certificate is supplied to Ignite Cheer & Tumble. Payment breaks will not be granted for holidays.
5. Ignite Cheer & Tumble is not responsible for refunding any fees or travel costs for athletes that do not attend a competition, regardless of reason.
6. Flights and accommodation for travel competitive teams will be booked and covered by the parents.

ATTENDANCE

1. Attendance is compulsory at all training sessions, events and competitions. The 3 point policy explained in this document will apply to any absences.
2. It is not acceptable for parents to use missing training as a form of punishment. This inconveniences the entire team.
3. If an athlete is sick or injured, they are responsible for keeping themselves up to date with any changes in choreography.
4. If you miss a competition it is at Ignite Cheer & Tumble's discretion whether you may return to the team.

TRAVEL COMPETITIONS

For the 2024 competitive season, Ignite will not be arranging group travel to competitions within NZ and families will need to make their own arrangements.

UNIFORM / CLOTHING

Competition uniforms are only to be worn to competitions or official events.

Any privately produced clothing with the Ignite Cheer & Tumble name and / or logo must be approved by Ignite Cheer & Tumble in advance.

Any damage on a rental uniform will be charged back to the athlete.

SPORTSMANSHIP AND CONDUCT

1. Ignite Cheer & Tumble reserves the right to remove an athlete from a team, change an athlete's place in a routine, or move an athlete to another team at their sole discretion. This includes but is not limited to: work ethic, behaviour, attendance, lack of effort.
2. No athlete or parent is to post inappropriate messages on any social media platform about another program, individual, or the Ignite Cheer & Tumble staff/program.
3. Any social media publication associating with Ignite Cheer & Tumble must be family friendly. Ignite Cheer & Tumble reserves the right to ask for any social media publication that we deem inappropriate to be deleted immediately.
4. No videos of routines or choreography may be shared until after that routine or choreography has been performed at competition.
5. Always display good sportsmanship when winning or losing.
6. Ignite Cheer & Tumble will not accept competitive team athletes transferring directly from any other cheerleading club between May 1st and the date of the final NZ Competition for the season, with the exception of athletes moving cities; under exceptional circumstances; or with written permission from their previous club.
7. Athletes should arrive at training 10 minutes early be ready to begin training at the scheduled time, with hair tied back, appropriate clothing and shoes on and all jewellery removed.
8. Ignite Cheer & Tumble is not responsible for any lost valuables.
9. All team and routine decisions (including, but not limited to, training structure, choreography, technique, positions and roles) are entirely at the discretion of the coaches.
10. No jewellery is permitted at practice or competition, regardless of how recently piercings were done. Taping over jewellery is not sufficient.
11. Under no circumstances bullying will be allowed in the gym facility, or in between team members, this behaviour will have consequences such as coaches - parents meeting to moderate the situation, and if there is no improvement, the athlete will be expelled from the programme.

USE OF PROFILE / IMAGE / INFORMATION

1. Athletes images may be used for Ignite Cheer & Tumble advertising purposes, including but not limited to social media, website, newspapers publications.
2. Ignite Cheer & Tumble may disclose an athletes personal information to authorities if Ignite Cheer & Tumble feels necessary in order to uphold it's to comply with any statute, regulation, by-law or other regulatory instrument that requires collection or disclosure of personal information; any other purpose I agree to in writing.
3. Use, Security and Access: I understand that my personal information will only be used for the purposes listed above and that my personal information will be held securely; I will have access to my personal information under the Privacy Act; My personal information will be corrected upon request.

THE 3 POINT POLICY

Cheerleaders are allowed to miss trainings under the following circumstances:

1. Severe/ contagious illness
2. Funerals/ bereavements
3. Scheduled school events or tests that are worth grades

If the cheerleader does not attend training sessions with the permission of the coach, and / or does not have one of the excuses allowed in the list above, the cheerleader will get a strike, if the cheerleader get 3 strikes, in order to continue with the routine progression, her/his coach will have the right of make one of the following decisions:

1. Change the cheerleader spots in the routine, for the safety of the other cheerleaders while executing their skills.
2. Remove the cheerleader from the competition routine, this will be applied if the cheerleader misses a training 2 weeks before competition.