

WINTER	Monday 30 th	Tuesday 1 st	Wednesday 2 nd	Thursday 3 rd	Friday 4 th
Skills Focus	HANDSTANDS CARTWHEELS	PARKOUR BREAKFALLS & ROLLS SYNCHRONISED TUMBLE	ROTATION VAULTING FLIP DRILLS	FLIPS HANDSPRINGS	PARKOUR SYNCHRONISED VAULT
Activity	GFA CIRCUIT BAR AND TRAMP	COOKING	WINTER SCIENCE EXPERIMENT	WINTER GAMES PAPER PLANE MAKING	COOKING
FUN TIME: Outdoor play CHILD'S CHOICE	PARACHUTE GAMES HAND EYE GAMES FREE EXPLORE	BALL GAMES STICKER ART FREE EXPLORE	BALL/HOOP/BEAN BAG TEAM GAMES FREE EXPLORE	BOARD GAMES HOT CHOCOLATE FREE EXPLORE	CHALLENGE COURSES HAND/EYE/FOOT GAMES FREE EXPLORE
BUILDING	Monday 7 th	Tuesday 8 th	Wednesday 9 th	Thursday 10 th	Friday 11 th
Skills Focus	HANDSTANDS AERIALS	CARTWHEELS PARTNER BALANCES	PARKOUR TUMBLING	FLIPS HANDSPRINGS	PARKOUR TRAMPOLINING
Activity	GFA CIRCUIT TRAMP AND BEAM	BUILDING RACES	COOKING	GFA BAR AND BEAM	COOKING
Fun time: Outdoor play CHILD'S CHOICE	HIGH JUMP GAMES PAINTING FREE EXPLORE	TEAM CHALLENGES STICK TOWERS FREE EXPLORE	CHALLENGE COURSES PLASTICINE FREE EXPLORE	BALL GAMES HOT CHOCOLATE BONANZA FREE EXPLORE	FORT BUILDING TALLEST TOWER FREE EXPLORE