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Competition Season

And so it begins... the anticipated gymnastics competition season for Hutt Valley Gymnastics MAG and WAG teams in 2023 has started with a BANG!

The teams compete in competitions all around the country, with the WAG teams competing in four apparatus - Vault, Uneven Bars, Balance Beam and Floor, and the MAG teams competing in six apparatus - Floor, Pommel Horse, Still Rings, Vault, Parallel Bars and High or Horizontal Bar.

The MAG and WAG teams have had a great start to their season! It was especially fantastic to see the number of senior competitors we had represent Hutt Valley Gymnastics. They are an inspiration to the junior gymnasts who enjoyed watching and cheering them on!

We wish all our MAG and WAG teams the best of luck for their upcoming competitions in Manawatu, Capital, Kapiti, Tri-Star, Central, Napier and Levin.



"Fearless means feeling fear but doing it anyway"

Acting Centre Manager

Michelle Woolf has been appointed acting Centre Manager and will be responsible for the day to day operations of the club. The Committee would like to thank Michelle for stepping up into this position and we know that you will all support Michelle in this new role.

Michelle was at the Cottbus World Cup in Germany in February where she was appointed AS on vault and E on beam. Michelle also got to catch up with former HVG Coach Martin while there!



Huge Congratulations!

Fantastic news for Hutt Valley Gymnastics! A really big congratulations to Logan Curtis and Elijah Stewart! Logan has been selected to compete for New Zealand at the Australian Junior Invitational on 6 May in Gold Coast.

Elijah was selected as the non-travelling reserve.



Logan Curtis
Elijah Stewart

THANK YOU!

Grassroots Trust Central has generously granted us funds for new parkour gear. Watch out for those new ninja warrior skills!

grassroots
trust



Coach Spotlight

Zoe Cain

I have been a coach at Hutt Valley Gymnastics for 2 years.

I thoroughly enjoy learning all the different facets of gymnastics. I have obtained my Elementary Qualification and attended a Coaching Connect Conference in Christchurch to expand my knowledge.

I did not come from a gymnastics background but Hutt Valley Gymnastics gave me an opportunity to learn how to be a gymnastics coach. It has been so amazing to learn new things that I will be able to use for the rest of my life.

I have coached pre-school to GFA classes (High Fives, Flyers, Teen Gym), Parkour and Excel. Coaching for me is so much fun and watching my amazing gymnasts grow and develop new skills is so rewarding.

I was a dancer since the age of two and obtained a Bachelor of Applied Arts (Performing Arts) in commercial dance. I specialise in acrobatics and jazz styles, but also do contemporary, hip hop, ballet, and lyrical.

I have been a dance instructor since I was 16 and still teach competitive dance outside of Hutt Valley Gymnastics. I have taught dance solos, duets and groups at regional and international level. Currently I am involved in developing floor routines with a few gymnasts.

I am also a performer with Society Entertainment and am constantly striving to improve and expand my skills. I have done dance performances at the Saint basketball games, Lantern Festival and hope to do more in the coming years.



THANK YOU!

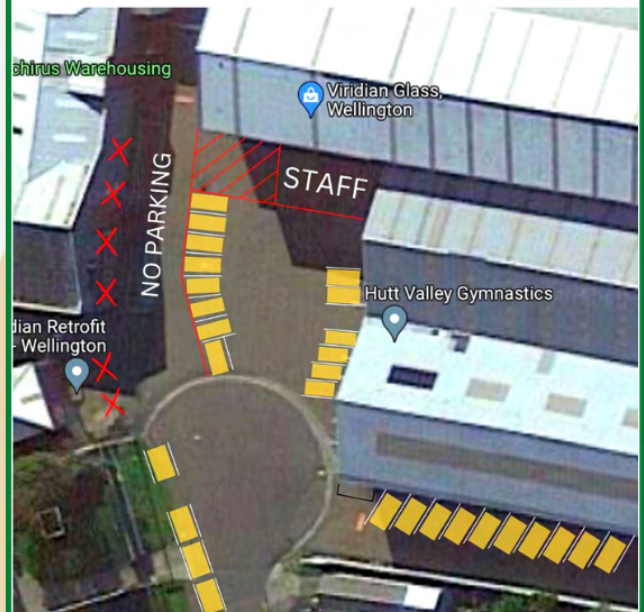
Thank you Lion Foundation for our new gym equipment. These new spot boxes, pyramid boxes and slop will help develop new skills for our gymnasts!



You may have noticed a new group of gymnasts training at our gym? The MAG and WAG teams from Capital Gymnastics are training at our gym while their gym is being renovated. Please make them feel welcome.

Parking Reminder

A reminder to please only park in the yellow spaces to allow everyone to be able to drop off and pick up safely.



GFA FESTIVAL

We will be running a GFA Festival on the 25th of June at the end of term 2. Information regarding this will come out later on in the term.

THANK YOU!

Hutt Mana Charitable Trust has generously granted us funds for our new mats! We love our new spot boxes, pyramid boxes and big slop.



Christmas Fun Day



Hutt Schools Festival

Hutt Schools Festival is where children Year 1 - 8 learn a short floor, beam/mat and vault routine at school with their teacher or helper. The children will compete their routines at Hutt Valley Gymnastics and are awarded a certificate and ribbon. There are also spot prizes for sportsmanship. It is a great way for children to have a go at gymnastics.

If your school is interested, please contact Mel for an information pack at mel@huttvalleygymnsports.co.nz.

Year 1 - 3 (8 June)

Year 4 - 8 (31 August)



Classes at the Gym

Did you know that the gym does home-school classes?

Monday - (Boys) 2:15 to 3:15pm

Wednesday - 12:15 to 1:15pm

Thursday - 2:15 to 3:15pm

Friday - (10 years+) 1:45 to 2:45pm



HUTT VALLEY Gymnastics

HOME-SCHOOL GYM CLASSES

MONDAY
12:15-1:15 PM

WEDNESDAY
12:15-1:15 PM

THURSDAY
2:15-3:15 PM
Classes for children aged 5+

FRIDAY
1:45-2:45 PM

FOR INFORMATION :
admin@huttvalleygymnsports.co.nz
04 - 566 - 3244

Saturday 10am Jumping Jelly Beans is for 4 year olds.

For more information, please contact the office at (04) 566 3244 or admin@huttvalleygymnsports.co.nz.



HUTT VALLEY Gymnastics **TERM 2 TIMES**

EXPLORERS

Play Gym classes for children aged under 5

MONDAY
9:30AM - 10:00 AM \$6

NEW TUESDAY
10:00 AM - 10:45 AM \$10

WEDNESDAY
10:00 AM - 10:45 AM \$10

THURSDAY
10:00 AM - 10:45 AM \$10

FRIDAY
9:30AM - 10:00 AM \$6

SUNDAY
9:00 AM - 9:45 AM \$10



HUTT VALLEY Gymnastics **PLAY GYM**

TUMBLING TODDLERS
2-3 YEARS

Monday, Friday
10:15-10:50 am

Saturday
8:20-8:55 am

JUMPING JELLY BENS
3-5 YEARS

Monday, Tuesday, Wednesday, Thursday, Friday
11-11:45 am or 1:30-2:12pm

Saturday
9-9:45 or 10-10:45 am

THANK YOU!

We have received a generous contribution from TAB towards two large crash mats. They are definitely put into very good use!



TAB



Hutt Valley Gymnastics will be hosting the 2023 Central Championships Gymnastics Competition over the weekend of 20 / 21 May 2023 at 39 Randwick Road, Moera.

We have an amazing new sponsorship opportunity to promote your business to attendees of the Central Championships!

This is a major competition on the NZ Gymnastics competition calendar. Athletes from 18 clubs across New Zealand will be participating.

Hutt Valley Gymnastics would appreciate it if you are able to become a sponsor to help offset the costs of hosting this significant event.

There are two types of sponsorship available:

Apparatus Sponsor (\$500)

This will give you advertising at the event for 2 days on an apparatus of your choice (bar, beam, vault, floor, P bars, rings), included in the program booklets, communications to all participating gym clubs, posts on Hutt Valley Gymnastics social media, and announcements at all 8 sessions award ceremonies.

Session Sponsor (\$250)

This will give you advertising in the program booklet for the session sponsored, communications to all participating gym clubs, posts on Hutt Valley Gymnastics social media, and announcements in the award ceremony for the session sponsored. You may sponsor more than one session if you wish.

We hope you will support us with hosting the Central Championships. Please contact secretary@huttvalleygymsports.co.nz if you are interested in being a sponsor for this event.

We will also be reaching out to parents to help us to ensure this event runs smoothly. A roster will be sent out soon.



Thank you to those who donated leotards and activewear for the gymnasts who were affected by Cyclone Gabrielle. We have passed the collection on to Omni Gymnastics in Napier for distribution. They were very much appreciated!



Thank you so much to Pelorus Trust who have kindly granted us funds for first aid training for our coaches.



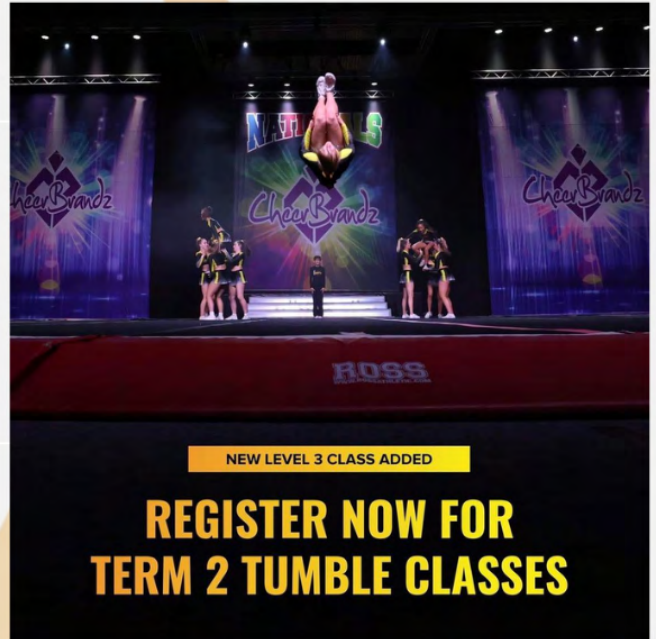
Ignite Cheer News!

Our 3 teams, Sparks, Ember & Flare are working hard leading up to their first competition of the year on 2 July at Te Rauparaha Arena.

The next intake for our teams will be after this competition in July. Beginners welcome! Register your interest now to receive the handbook for more details.

**New level 3 class added!
Wednesdays 6 - 7pm**

The new team training tops will be arriving in the next few weeks for our cheerleading team athletes. Please see your coach to order yours.



IGNITE CHEER & TUMBLE TRAINING GEAR 2023



GFA Coach of the Year Hayley Pye



Hayley went above and beyond what a junior coach would do. She is involved with the children and always interacting with them from the start of the sessions. Hayley is always encouraging and the way she approaches coaching motivates the children.

Hayley is dependable and accepts any changes and goes with the flow. She is a confident and competent coach and knows what she's doing and does it well.

Hayley has taken on responsibility beyond her years she shows maturity and is a great role model for the other juniors coming through.

Quiz Night

Save the date! Hutt Valley Gymnastics would like to invite you all along to a night of fun! We are hosting a fundraiser quiz night on Friday, 4 August! This will be a great opportunity to meet fellow parents, test your knowledge, have some fun and enjoy drinks and nibbles. The event is R18. Look out for your invitation coming out soon!

Farrah's

We would like to thank our long time Gold sponsor, Farrah's. Farrah's are a proud, family-owned wrap and tortilla company based in Silverstream. The idea for the business was sparked by a kebab shop owner unable to find a wrap that wouldn't crack or split when rolled. Inspired by this problem, owners Farrah and Jovan journeyed through Mexico and the USA to refine a high-quality wrap recipe. Today, Farrah's are New Zealand's leading manufacturer of wraps and tortillas, servicing both Foodservice and Grocery. Farrah's products are made using only the finest ingredients and baked the traditional way - over an open flame. In addition to wraps and tortillas, they offer a Mexican range that includes a variety of flavourful spice mixes and meal kits available in the International aisle at all leading supermarkets. Their products offer limitless possibilities, and you can find a wide range of inspiring recipes on their website, from Lunchbox Pinwheels to Low Carb Wrap Burgers. Remember, there are 'no rules' with Farrah's Wraps, so have fun!

Please contact Litsa at litsajackson1@gmail.com for more information about becoming a sponsor. We look forward to hearing from you!

Argosy • Gibson Sheat LAWYERS • Mini Fish KIDS FASHION AND ACCESSORIES • SIGNBIZ signage + design + print • Farrah's

WFS Whiting Financial Services Limited • Minmixers READY MIXED CONCRETE DELIVERY • CONSTRUCTION • ASHTON PANEL + PAINT • BUILD N CONCRETE

Des Smith 022 026 9540 No. 1 Salesperson Ray White Kameys Brothers RayWhite. • Abode HOMES • Hirepool • PlaceMakers HUTT CITY • HANDY ANDY Home Improvements and Maintenance Services Ltd Ph: 0273 740 382

Cindy Robertson 027 213 9758 Managing Director Property Management kemeysbrothers.co.nz