

# GYMNASTICS NEWSLETTER

Our Club offers quality Coaching and Programmes for athletes of all ages.



**"2021 : Bring It On!"**

## Welcome to 2021 @ HVG

Dear Families and Gymnasts, welcome back to a wonderful start of Term 1, 2021. Our competitive gymnasts and coaches have already kicked the year off with hard training and commitment. Wonderful floor routines were choreographed, muscles were built and great friends got together doing what they love.

This year will be a great year for growing our gymnasts to be the best that they can be, and we will strive to bring out their strong leadership skills while working so hard to be the greatest gymnast.

Parents, thank you in advance for supporting your child and to commit to the working hours for them.

I want to welcome our new coaches to our Club. We hope that you will grow with our gymnasts and make Hutt Valley Gymnastics Club your home as well. We are one big family.

Saying that, Parents, gymnasts, and coaches, know that you are always welcome to come in and say "Hi". If you want to give ideas - please come in and see me, if you want to give me feedback about anything please email me. Know that I am available for you at all times with anything. May term 1 of 2021 be a blessed one.

**Lynn Wallace, Programme Manager**



### WHAT'S BEEN HAPPENING

- MAG January Training Trip to Christchurch
- Term 1 Starts, 9 Feb
- Family Fun Day, 14 Feb
- Special General Meeting, 18 Feb
- Committee Member Needed



### Club Parking

Please note that there is no drive through by the building for dropping kids off.

Please stop in the designated Parking area and bring/collect your child at the main entrance.

## Term 1 : Starts on 9 February

Term 1 starts on Tuesday 9th February and finishes on Saturday 17th April. The first day of term for Monday classes will be Monday 15th February due to Waitangi Day.

### Special General Meeting

The Chairperson is calling a Special General Meeting for all members on **Thursday, 18 February from 6:00pm** at Pelorus Trust Sports House, Hutt Park, Lower Hutt.

At this Special General Meeting we will be nominating Life Membership and require 25% of our Competitive Athletes to be represented by their parents. Please email [secretary@huttvalleygymsports.co.nz](mailto:secretary@huttvalleygymsports.co.nz) with any questions.

### COVID 19 - Level 1

A reminder that we are still in Level 1. Please ensure that you scan the NZ COVID Tracer and sanitize on your way in/out of the gym. If you, or your child are sick, please stay at home.

## HVG Committee Update

### Committee Member Wanted

The Committee is seeking an additional Committee member to join the team through to the AGM on 20 September. The vacant role is for HR and Grant Officer supported by other team members. Nominations close on 20 February 2021. Email [secretary@huttvalleygymsports.co.nz](mailto:secretary@huttvalleygymsports.co.nz) if you would like a copy of the nomination form. This co-opted position will be determined by the Committee.

### Opportunity to Set the Tone

At Hutt Valley Gymnastics Club we would like to bring in a values system to run alongside our Mission Statement. These values will help guide and shape our behaviours and intentions as

gymnasts, coaches, parents, administrators. This is aimed at helping the Club become more successful in the development of our gymnasts and the overall success of the Club.

Would you like to be part of the team that? To consider the draft values, provide your perspective and offers changes or additions? If so, then please email [secretary@huttvalleygymsports.co.nz](mailto:secretary@huttvalleygymsports.co.nz) and you will be put into a group of either gymnasts or parents or staff who will meet up for an hour on a Thursday night in Term 1.

### Meeting Dates

The next Committee Meeting is scheduled for Thursday, 11 February 2021 commencing at 6:00pm in the Coaches Room. All members are welcome to join us.

Also, for your diary; the 2021 AGM will be held on Monday, 20 September commencing at 6:00pm.

**HUTT VALLEY Gymnastics**  
PRESENTS  
**FAMILY FUN DAY**

**FUN GAMES AND HEAPS OF PRIZES!**

Bouncy Castle, Heaps of Games, Face Painting, Donuts, Cakes, Sausage Sizzle, Ice Cream, Quad Bike Rides, Treasure Hunt and heaps more!

**MITRE 10** **Super Donut Hero!** **Hirepool** **Muddy Grinds** **Mr. Whippy**  
**Mini Fish** **New World** **PlaceMakers**

**SUNDAY 14TH FEBRUARY 1PM-4PM**

**SLADDEN PARK, PETONE (JUST OVER THE RISE)**  
**ALL PAST AND PRESENT MEMBERS, FRIENDS AND FAMILIES ALL WELCOME!**  
**HOPE TO SEE YOU ALL THERE!!**

# COACH PROFILE: PASHA LEVCHENKO

## Head Coach, Mens Artistic Gymnastics (MAG)

I joined Hutt Valley Gymnastics in June 2016 relocating with my family from Spain. I am known as Pavel (in Soviet Union), Pavlo (in Ukraine) and shorted to Pasha for everyone who knows me. I was born and grew up in Ukraine.

I firstly discovered gymnastics when I was 4-yrs old while visiting the circus. I asked my parents if I could do gym as I was excited about what I saw. We visited the gymnastics club and I was invited to join but my parents didn't sign me up in time. But it was meant to be as by Christmas, the coach came to my Kindy and picked gymnastics boys. She chose me and one other boy inviting us to join. When my Mum came to collect me I told her that "as she hadn't taken me to gym - they had come to collect me". This was the start of my gymnastics journey.

I was a competitive gymnast from 5-18 years. At 12 I was chosen to be on the Olympic pathway. Unfortunately I didn't fulfil my dream of being an Olympic Gymnast and finished as a Junior FIG level (FIG, International Federation of Gymnastics). I was proud to represent Ukraine at the Stella Zakharova Cup; International Competition. My Olympic goals continue, although now from a coaching perspective.

The situation in Ukraine was not good and I chose to study aviation at University, in an effort to leave the country. Then I decided to travel around the World as a dancer and acrobat performer. This experience of different cultures and countries helped me develop an open-minded attitude; taking on the many ways to do things and being able to teach them. I am always open to new ideas and ways to improve and keep growing as an individual. I am fluent in five languages and understand several others.

Over the time I realised that dancing was not something I would do all my life. I decided to return to gymnastics and become a Coach. Firstly, in Ukraine and then moving to Spain. All my coaching studies were completed in Spain and I am qualified as a FIG Level 2 Coach. This qualification automatically granted me NZ Senior Coach for MAG and WAG status. I am also a Senior Advanced MAG Judge.

In Spain I have coached MAG and WAG and have had girls going to Worlds. Two of my boys joined the Olympic Centre in Madrid. I also coached my son Nicolas (Nico) until he turned 14.

I am very focused on the development of MAG within our region and my goal is to grow a high-performance MAG Squad, and a winning Olympian! I really like the MAG community around New Zealand, all helping each other and working together.

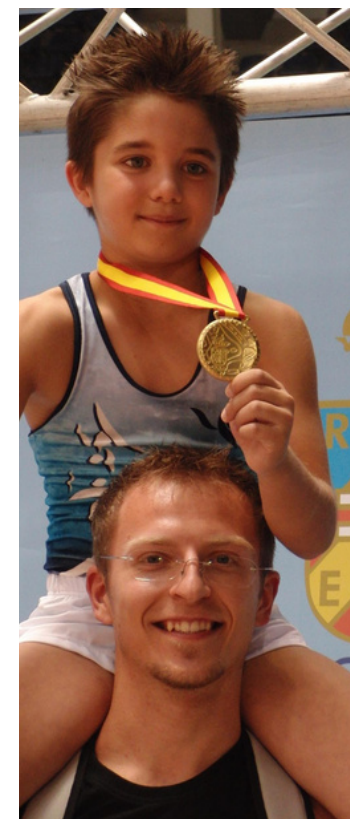
Pasha



Pasha - 7 year old.



Pasha - 9 year old (holding scores)



Nico and Pasha - Winner of Highbar Santander, Spain



Pasha as a gymnast.



Pasha's first Hutt Valley MAG Squad.

## Fundraising Subcommittee

Kia Orana HVG Whanau and Friends

Wow its February already, welcome back. The Hutt Valley Gymnastics Fundraising Team are gearing up to offer some exciting activities and products which you can purchase should you wish or offer to family and friends. Any support by you helps HVG so thank you in advance.

The HVG Fundraising Team plan for the next few months is as follows:

### **FEBRUARY**

#### **CookieTime Cookies**

Details in this newsletter and on the posters in the Gym.

#### **Fix and Fogg Peanut Butter Fundraiser**

Details will be emailed out shortly and also on our Facebook page.

### **MARCH**

#### **HVG Sleepover**

Save the date - 6 March. We are looking for helpers for this event. If you are able to assist with supervision, set up/pack up etc. please email details to [fundraising@huttvalleygymsports.co.nz](mailto:fundraising@huttvalleygymsports.co.nz)

#### **Centa Bakery Family Pie Fundraiser**

Orders open early March and close on 27 Mar. Delivery early April.

### **APRIL**

#### **Annual Easter Raffle**

The HVG Fundraising Team are also supporting the HVG Family Fun Day on 14 Feb at Sladden Park. We hope to see you there to join in the fun. The Fix and Fogg Peanut Butter and CookieTime Cookies will be available to purchase there also.

Thank you for supporting the HVG Fundraising Team and therefore supporting your Gym.

The Fundraising Team



## Independent Review Update - Gymnastics NZ

In August 2020, Gymnastics NZ commissioned David Howman to conduct an Independent Review into the sport, following the distressing and deeply concerning allegations of physical, mental and emotional abuse of former and current athletes. This report is due to be released to the gymnastics community, key stakeholders and other interested parties, in full and unedited, on Tuesday 9 February.



#### **CookieTime Cookies**

School Lunch snacks sorted. Great for that little holiday snack, pop in the handbag or sports bag, at the beach or pool and for the unexpected visitor that turns up.

Cash or EFTPOS only. Bag of 20 Cookies \$20 each (\$1 per Cookie)

Pre-order through the Office

They will also be available at Family Fun Day on 14 Feb 21.

Please email [fundraising@huttvalleygymsports.co.nz](mailto:fundraising@huttvalleygymsports.co.nz) with any questions.



# MAG Trip to Christchurch, January 2021



Recently MAG Level 4+ attended a training clinic at the Christchurch School of Gymnastics "CSC".

During the Clinic the boys; learnt new skills, met new friends, built stronger team relationships, got more independence, had fun, visited new places and more!!!

It was a great experience for the gymnasts and coaches. For more updates follow us on Facebook. Hutt Valley Gymnastics MAG.

